

What Is The Difference Between Functional & Conventional Medicine?

Functional Medicine vs. Conventional Medicine

Functional Medicine

Patient centered, personalized approach

The body operates as an integrated system

Gene expression can be altered

Health is about vitality

Function focused, root cause approach

Prevention focused

Lifestyle & nutrition-based

Finding the cause

Conventional Medicine

Disease centered, generalized approach

The body is a collection of parts operating independently

Gene expression is not changeable

Health is the absence of disease

Pathology focused, symptom management

Disease focused

Pharmaceutical based

Treating the symptom

